



Monterey Bay Dental Hygienists' Association Newsletter Summer 2010

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Dear Mary Jo,

★ The next board meeting is 6:00pm, October 19th.
Dr Tuck's office: 7535 Soquel Drive, Aptos.

Everyone is invited to attend! We need your input. We need your energy. We need your ideas. Please come. We need YOU. Call or email me for information and directions. [Jo Cardinale](#) 831-345-9755.



Board 2010-2011

CDHA Fall Extravaganza: NOVEMBER 5



California Dental Hygienists' Association
The Voice of Dental Hygiene

[California Dental Hygienists Association 9th Annual CE Extravaganza](#)

November 5, 2010
Hyatt Regency San Francisco Airport
1333 Bayshore Hwy., Burlingame, CA 94010

[Christina Jones](#)

"Women's Aging Complexities, The 2010 Oral Health Connection"
"Child & Adolescent Health: New Challenges for the 21st Century"

[9th Annual CDHA Extravaganza Sign-up Form](#)

STUDENT MEMBER REPORT

by [Katie Munoz](#)

Cabrillo Class of 2011

Attending the CDHA House of Delegates was a neat experience. I met my fellow peers, from all of the other schools across California, and was involved in some decision making.

I am thankful that I was able to get to know the ladies from the Monterey Bay Component. "Thank you" ladies for the wonderful weekend



that you made possible. It was also nice that the students had a voice; in fact, the students were all very involved. This meeting sparked an interest in me and made me really want to go and get more involved. While at the HOD, I had the opportunity to speak to Katie Dawson-- CDHA President 2001, ADHA President 2006, and a current Dental Hygiene Committee of California Chair-- and she said, "Once you start attending these meetings, you're going to want to come back every year." She was right. It was a great experience and I would like to come back every year!



CABRILLO COLLEGE: Student Relations Council

By Taran Grewal & Katie Munoz

CDHA annual NorCAL Student Conference

Words of wisdom and words of encouragement were just what we needed! The CDHA Annual Student Conference was a great opportunity to meet and interact with our fellow future dental hygienists, as well as CDHA members. Learning about the varied experiences of all the successful hygienists and how they got to where they are today was awesome!

-Taran Grewal, Class of 2011, Student Relations Council representative

On behalf of the Cabrillo Dental Hygiene Class of 2011, I think I speak for everyone when I say that the annual CDHA Annual Student Conference, held in Concord this year, was so motivating and encouraging. This was a fun event that really helped current dental hygiene students to network with our fellow peers and meet some of the familiar faces of the California Dental Hygienist's Association. It is a trip that will always be remembered and we all look forward to returning next year.

-Katie Munoz, Class of 2011, Student Relations Council representative

Cabrillo College- Student Relations Council



Front Row (left to right): Inger Parker, Claudia Patterson, Nicole Focht, Christina Jones, Katie Munoz, Laura Arioto, Jenn McNutt, Diana O'Connor, Jan Frankel. Back Row: Jessie Sherriffs, Cheryl Lemon, Kim Campbell, Liz Couch, Taran Grewal

Cabrillo College Student Corner

Rachel Ranz, RDH, BA, Cabrillo Class of 2008, reported on her recent trip to Tanzania, Africa, where she participated in a dental service project through International Smile Power*. She shared her amazing photos and stories, as well as gave lots of practical information on: international dental service organizations and opportunities, how to apply and prepare, and what to expect.

*International Smile Power partners with people to improve and sustain dental health and build bridges of friendship around the world.

<http://www.smilepower.org/>



COMMUNITY HEALTH REPORT

We have a new Community Dental Health chair: [Leslie Eggleston](#)



The Sutter Senior Health Fair was a great success this year. Karine Strickland, RDHAP, BS, performed dental screenings and our Cabrillo College students and Board members provided advice and a table full of dental supplies & brochures.



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California Dental Hygienists' Association
The Voice of Dental Hygiene

QUICK LINKS

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[Dental Hygiene Committee of California \(DHCC\)](#)

Have you moved recently?

In an effort to keep our records current if you have had any changes to your contact information please log on to our web site www.mbdhs.org and input your new information in the Members Section.



You must notify COMDA within 30 days of an address or name change to avoid a fine.



Looking for employment?

The Monterey Bay Dental Hygienists' Society can provide you with a list of dentists who are looking for a hygienist. Your ADHA membership number will be needed.

Contact Melissa at 831-247-6804

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